

### ***Consecration to the Sacred Heart of Jesus***

Adorable Heart of Jesus, the tenderest, the most amiable, the most generous of all hearts, penetrated with gratitude at the sight of Thy benefits, I come to consecrate myself wholly and unreservedly to Thee! I wish to devote all my energies to propagating Thy worship and winning, if possible, all hearts to Thee. Receive my heart this day, O Jesus! Or rather take it, change it, purify it, to render it worthy of Thee; Make it humble, gentle, patient, faithful and generous like Thine, by inflaming it with the fire of Thy love. Hide it in Thy Divine Heart with all hearts that love Thee and are consecrated to Thee; never permit me to take my heart from Thee again. Let me rather die than grieve Thy Adorable Heart. Thou knowest O Heart of Jesus, that the desire of my heart is to love Thee always, to be wholly Thine in life and in death, in time and eternity. Most Sacred Heart of Jesus, have mercy on us. Sacred Heart of Jesus, I trust in Thee. Sacred Heart of Jesus, I love thee. Amen.

### ***Consecration to the Immaculate Heart of Mary***

**R:** I, (... name ...), a miserable sinner, renew and ratify today in thy hands, O Immaculate Mother, the vows of my baptism; I renounce Satan, his pomps and works; and I give myself entirely to Jesus Christ, the Incarnate Wisdom, to carry my cross after Him all the days of my life, and to be more faithful to Him than I have ever been before. Now, in the presence of all the Heavenly court, I choose thee this day for my Mother and Mistress. I deliver and consecrate to thee, as a slave of thy Divine Son, my body and soul, my goods, both interior and exterior, and even the value of all my good actions, past, present and future; leaving to thee the entire and full right of disposing of me, and all that belongs to me, without exception, according to thy good pleasure, for the greater glory of God, in time and in eternity. Amen.